

(2)

the habit even when tobacco is not used in excess and it is extremely difficult to get rid of the habit once it has been formed.

Alcohol is taken in almost all cool and cold climates and to a very less extent in hot ones. Thus it is taken by those people who live in the mountains, but not nearly so much by those who live in the plains of India. Alcohol is not necessary in any way to anybody. Millions of people are beginning to do without it entirely. In India it is not required by the people at all and should be avoided by them altogether. The regular use of alcohol even in small quantities tends to cause harm in many ways to various organs of the body. It affects the liver, it weakens the mental powers and lessens the general energy of the body.

(i) (a) How is tobacco used? In which area it is used and who are the users?

(3)

(b) What do you think, is the author's opinion about use of tobacco?

(c) Who usually consume alcohol?

(d) How is alcohol injurious to health?

(e) "Millions of people are beginning to do without it entirely" – What facts does the author want to stress? 2×5

(ii) Make a note on the above passage. 5

(iii) Make sentences using the following words on your own: 1×5

(a) chewed, habit, excess, avoid, regular.

(b) Give the antonym (opposite in meaning) of the following words: 1×3

(I) mental

(II) less

(III) everywhere.